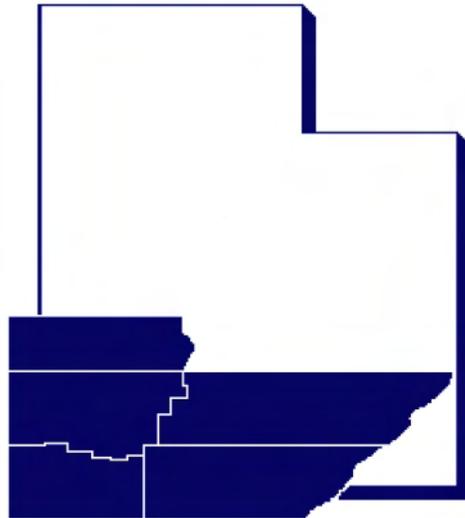
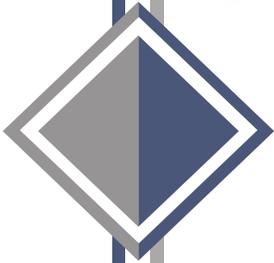


# Five County Association of Governments



## FY 2008 Annual Report

July 1, 2007 through June 30, 2008

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St. George, Utah 84771-1550

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Published October 2008

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### Disclaimer

This Annual Report is published as a service for the use and benefit of the elected officials in the Five County Association of Governments region; appointed boards and commissions; local, state and federal agencies; and the general public. This report indicates brief summaries of the principal achievements and activities which took place during the period of July 1, 2007 through June 30, 2008. The Five County Association of Governments produces other detailed program and fiscal reports relating to specific program activities. An annual audit is also undertaken and published separately. If you would like copies of these, or any other information relating to the Association, please contact: Mr. Kenneth L. Sizemore, Executive Director, Five County Association of Governments, P.O. Box 1550, St. George, Utah 84770. Telephone (435) 673-3548, e-mail: [ksizemore@fcaog.state.ut.us](mailto:ksizemore@fcaog.state.ut.us)

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# Five County Association of Governments

## STEERING COMMITTEE

Commissioner Duke Cox, Chair  
Mayor Kim Lawson, Vice-Chair

### BEAVER COUNTY

Commissioner Chad W. Johnson  
Beaver County Commission

Mayor Robert Craw  
Minersville Town Corporation

Carolyn White  
Beaver County School District

### GARFIELD COUNTY

Commissioner Maloy Dodds  
Garfield County Commission

Mayor Lowell Mecham  
Tropic Town

Mack Oetting  
Garfield County School District

### IRON COUNTY

Commissioner Lois Bulloch  
Iron County Commission

Mayor Connie Robinson  
Town of Paragonah

Alan Adams  
Iron County School District

### KANE COUNTY

Commissioner Duke Cox  
Kane County Commission

Mayor Kim Lawson  
Kanab City Corporation

Joe D. Houston  
Kane County School District

### WASHINGTON COUNTY

Commissioner Dennis B. Drake  
Washington Co. Commission

Mayor Lee Bracken  
Enterprise City Corporation

Ed Rogers  
Dixie Applied Technology College

### EX-OFFICIO MEMBERS

Frank Lojko  
Interim VP/Student Services  
Dixie State College of Utah

Wes Curtis  
VP/Director Regional Services  
Southern Utah University

# THE SPECTRUM & DAILY NEWS OPINION

## Editorial Board

Donnie Welch, president and publisher • Todd Seifert, editor • Jennifer Weaver, community conversation editor • Gloria Bertram, employee representative • Janice Brooks, George Vasconi, community representatives

Community Conversation Editor Jennifer Weaver  
(435) 674-6202 • [jeweaver@thespectrum.com](mailto:jeweaver@thespectrum.com)

**WEDNESDAY**  
November 28, 2007

**TheSpectrum.com**  
SOUTHERN UTAH'S HOME PAGE

Page  
**A6**

## FCAOG does great job

People are more aware of their municipal, county and state governments but may not be as familiar with a voluntary association comprised of local governments that provides child care referrals, human and aging services and community and economic development funding. For Southern Utah that entity is the Five County Association of Governments that represents Beaver, Garfield, Iron, Kane and Washington counties. It quietly goes about its business improving the quality of life in the area's communities without bringing attention to itself. So we will for it.

The FCAOG was one the first county organizations created in the state of Utah. Established in 1957 to promote tourism in the southwest region as a means to bolster economic development, FCAOG was formalized in 1972 by executive order from Gov. Cal Rampton. The focus has expanded beyond drawing visitors to the region with extensive collaboration and partnering with local, state and federal agencies and groups to expand the opportunities and resources available to Southern Utah residents. It is doing a great job.

In FCAOG's 2007 fiscal year, more than

1,100 individuals received emergency shelter and meals. Almost 70,000 congregate meals and more than 120,000 home delivered meals were provided to seniors citizens. An estimated 1,500 families received help finding child care. Approximately 740 hours of child care training was provided. More than \$160,000 for professional certification and grants went to 277 child care providers to assist in their operations.

Home emergency assistance was granted to 2,497 households. Weatherization services were provided to 57 households and another 22 homes obtained rehabilitation and repairs.

Community Development Block Grants totaling more than \$760,000 were awarded to five projects across the southwest region with an additional \$15 million in Community Impact Board financing for 17 other district projects. A regional transportation plan was completed, documenting more than \$1.5 billion in transportation needs, in addition to a three-year human services plan that was created and approved.

FCAOG helps makes Southern Utah a beautiful place to visit and a wonderful place to call home. We applaud its efforts and advocate for its continued success.

### IN OUR VIEW

#### ■ THE ISSUE:

People are more familiar with their local governments and less aware of a voluntary association comprised of local government.

#### ■ OUR OPINION:

Five County Association of Governments, representing Beaver, Garfield, Iron, Kane and Washington counties, was one of the very first multi-county government association in Utah being founded in 1957. Its purpose has helped make Utah a wonderful place to live.

# Five County Association of Governments

## Five County Association of Governments

1070 West 1600 South, Building B  
St. George, Utah 84770

Fax (435) 673-3540



Post Office Box 1550  
St. George, Utah 84771

Office (435) 673-3548



Thank you for your interest in the Five County Association of Governments. This FY 2008 Annual Report briefly chronicles the highlights of a successful and productive year. Staff continue to excel in providing timely and effective assistance to local governments across southwestern Utah. Successful programs and efforts were highlighted on two different occasions during the year.

First, the *Daily Spectrum* commended the Association for “*Quietly . . . going about its business improving the quality of life in the area’s communities*” in a November 28, 2007 editorial. [The editorial is reprinted on page 2]. Outcomes from FY 2007 were applauded and the editorial board advocated for the

Association’s continued success.

Secondly, all employees of the Association were presented a Rural Honors Award during the 2008 Rural Summit at Southern Utah University. The award citation noted that “*While the services offered by the AOGs are vital, unless one serves on the various boards associated with the AOGs or finds occasion to benefit from the services they provide, the people that diligently toil to make these programs the critical success that they are across rural Utah are often not known . . . But despite ever-present challenges, the AOG workforce continues to deliver the critical services that keep rural Utah, our communities and residents moving forward.*” [See a reproduction of the award and full text on page 25].

I am proud to work with the caliber of employees who make these successes possible. As the country moves into uncertain times, the programs administered at a regional scale will become even more vital to helping local governments cope with rapid change.

You can learn more about Association programs and activities by visiting our web page at:  
<http://www.fcaog.state.ut.us>

Kenneth L. Sizemore  
Executive Director  
[ksizemore@fcaog.state.ut.us](mailto:ksizemore@fcaog.state.ut.us)

BEAVER

GARFIELD

IRON

KANE

WASHINGTON

### MANAGEMENT TEAM

Kenneth L. Sizemore  
Beth A. Cottam  
Robert A. Rasmussen  
Jo Seegmiller

Executive Director  
Deputy Director  
Chief Financial Officer  
Human Resources Director

# Five County Association of Governments

## HUMAN RESOURCES



**Jo Seegmiller**  
Human Resources  
Director  
jseegmiller@fcaog.state.ut.us

More than 50 individuals are employed at the Association providing a wide array of services and technical assistance across southwestern Utah.

The Five County Association of Government's main office is located in the Tonaquint Center High-Tech Business Park in St. George. The Association also leases office space in the Fiddlers Canyon office building in Cedar City. While these two facilities house the offices of a majority of the Association's employees, employees are stationed in each of the five counties.

The Human Resources office tracks personnel issues and provides payroll and accounts receivable support.

Personal Earnings Statements were provided to staff members in July. The statements communicate the value of an employee's compensation package. The statements reflect benefits provided to employees such as salary, medical, vision, dental and life insurance coverage, Social Security contributions, and Utah State Retirement contributions.

Position Descriptions for all AOG positions were revised by program directors and edited by the management team. Positions are listed on the intranet web site and are available for employee review.

Employees are now given recognition after serving five year increments. In December those recognized were: Diane Lamoreaux (25 years) and Carrie Schonlaw (10 years).

The intranet website was updated and made accessible to all employees. Items available include: Leave Slip, Time Sheet, Emergency Notification, Lodging Accommodation Form, Cost of Living Schedule, Personnel Manual, Acknowledgment Form, Car Log Sheets, Direct Deposit Authorization, Travel Policy, Travel Reimbursement Request Form, Purchasing Policy, W-4 Form, Elected Official's List, MX Logic Spam Control, and Position Descriptions.

Emergency food and water supplies were purchased and are stored in both buildings for staff use in case of an emergency.

Training provided to Association staff members during the year included: responding to pandemic events, community emergency response, blood borne pathogen safety, driver safety, performance appraisals, and retirement planning.

# Five County Association of Governments

## FINANCIAL STATUS REPORT as of June 30, 2008



**Bob Rasmussen**  
Chief Financial Officer  
brasmussen@fcaog.state.ut.us

The information on this page provides a snapshot of the General Ledger financial information of the Five County Association of Governments as of June 30, 2008.

The FY 2008 Audit Report to be completed in November 2008 will provide detailed financial statements.

### CASH ASSETS

Operating Accounts Cash Balance	\$ 690,571.39
Savings Account Balance	\$ 360,187.35
Revolving Loan Fund Accounts Balance	\$ 957,249.86
Southern Utah Planning Authorities Account Balance	\$ 854.26
<u>Down Payment Assistance Account Balance</u>	<u>\$ 15,399.19</u>
<b>TOTAL CASH BALANCE</b>	<b>\$2,024,262.05</b>

### Revolving Loan Fund Assets

Principal due on 15 current loans	\$ 850,949.33
Accrued interest	\$ -270.62
<u>Land acquired through foreclosure</u>	<u>\$ 226,001.61</u>
<b>TOTAL RLF ASSETS</b>	<b>\$ 1,076,680.32</b>

**TOTAL ASSETS** \$3,100,942.37

### LIABILITIES AND FUND BALANCES

Accrued withholdings	\$ 582.44
<u>Operating Fund Balances for 34 cost centers</u>	<u>\$3,100,359.93</u>

**TOTAL LIABILITIES AND FUND BALANCES** \$3,100,942.37

### NOTES:

1. All accounts are interest bearing. The operating and RLF accounts are "sweep" mutual funds that earned an average of 2.4% in 2008. Interest income totaled \$37,563.46. A cash reserve of approximately \$150,000 is maintained to cover cash flow needs (\$157,326.62 balance on June 30, 2008).

2. The savings account and cash reserve are intended to preserve the equivalent of one year's administration costs (\$290,000 in FY 2009) in the event of agency closure and asset liquidation, as well as estimated retirement benefits for approved sick leave conversion (estimated to be approximately \$300,000). Reserves balance target is \$600,000. Current reserves (savings plus cash reserve) total \$517,513.97. Sick leave conversion costs for FY 2008 (\$11,996.04) were taken from current revenues without the need to dip into savings.

3. The Metropolitan Planning Organization (MPO) also intends to accumulate a one-year reserve beyond immediate operating cost requirements (\$210,000 in FY 2009). The reserve balance on June 30, 2008 was \$185,309.29.

4. Rent is charged to all programs in order to cover immediate building maintenance needs, as well as future needs such as painting and carpet replacement. The building maintenance fund balance is \$20,432.52.

5. This report does not include capital assets (building, land, furniture & equipment, or vehicles). Capital assets were valued at \$1,254,270 (not depreciated) in 2007. The FY 2008 audit report will provide detailed financial statements.

# Five County Association of Governments

## AGING AND HUMAN SERVICES



**Beth Cottam**  
Deputy Director  
bcottam@fcaog.state.ut.us

The primary purpose of Aging and Human Service programs is to maximize the effectiveness of resources being expended in the Five County area through direct services, comprehensive planning, proper resource management, resource development and program evaluation. We address needs by providing direct services and collaborating with a network of human service agencies. We partner with individuals, families, and community groups to assist consumers in becoming more self sufficient. Five County AOG Human Services hosts the local Community Action Agency serving Southwest Utah. Our goal is to work toward mitigating the causes and conditions of poverty in the region through a variety of means including Support Services Case Management, employment support, education, shelter/housing support, transportation, accessing affordable health care and emergency assistance which includes emergency food.

The Five County Human Services Council has the responsibility for making policy recommendations to the Steering Committee of the Five County Association of Governments on all matters pertaining to Human Services in Southwest Utah. This council is a tripartite board, made up of one third elected public officials, one third low income representatives, and the remainder from the private sector. The Director of Human Services and the agency receptionist provide staff support to the tripartite Council.

### Human Service Activities 2007-2008

Human Services staff wrote and prepared State applications, compliance documents, and budgets. Staff administered programming, prepared and submitted required reports for the Community Service Block Grant Program (CSBG).

- 14,347 persons from 6,465 low income families in the five county area received and participated in Community Service Block Grant programming during the AOG's FY 08.
- Local Community Service Block Grant subcontractors provided 48,157 meals and 16,592 nights of emergency shelter to 1,032 persons from 788 families, leveraging the CSBG funding. This represents a 4% decrease in meals and a 4% decrease in shelter nights provided as well.
- Our Five County Emergency Food Network provided 24,244 emergency food box allocations, which is an 11.5% increase over the same period last year. The increase reflects economic challenges families have faced with higher fuel, food and housing costs.
- We provided over 3,500 bus pass rides ( an 8% increase) to 230 low income households (a 49% increase from last year) served by Suntran and Cedar Area Transportation Service (CATS) passengers in support of meeting transit needs to places of employment, support services, health care access, and activities of daily living. At least 47% were persons with disabilities, which represents a 9% increase.
- Sub-contracted CSBG literacy programs served 719 low income persons lacking skills in reading, math, English as a Second Language, or who needed Adult Basic Education course work to pass GED testing. Sub-contracted literacy programs were located in Iron and Washington Counties, but served persons from all five counties. 48% of participants were Caucasian (decreasing 4% from last year) and 44% were Hispanic (which is a 4% increase over last year).
- 27 infants were provided 5,048 hours of care in an on-site nursery enabling 18 teen parents to attend and advance in high school. Young parents also increased skills in parenting and self sufficiency. Sixteen of those teen parents achieved regular school attendance and advanced academically.
- Maintained data collection and formal ROMA (Results Oriented Management and Accountability) compliance

# Five County Association of Governments

procedures with direct programming and awareness of ROMA compliance issues with Human Service Council and sub-contractors, and direct AOG programming. Complied with all Community Service Block Grant work plans addressing at least one of the following required National Goals:

- # 1 Low-income people become more self-sufficient.
- # 2 The conditions in which low-income people live are improved.
- # 3 Low-income people own a stake in their community.
- # 4 Partnerships among supporters and providers of service to low-income people are achieved.
- # 5 Agencies increase their capacity to achieve results.
- # 6 Low-income people, especially vulnerable populations, achieve their potential by strengthening family and their supportive systems.

- Continued to train all support workers, many of which are volunteer with providers to improve and adapt in using additional codes, to help track program information and assist in measuring outcomes.
- Provided bi-monthly newsletters (8,120 copies) to area pantries for distribution to individuals receiving regional emergency food boxes detailing consumer tips for wise use of limited resources, health and nutrition information, and recipe suggestions for use of food box items.
- Provided staff support to the Five County Human Services Council and the allocation process of both Community Service Block Grant funding and Social Service Block Grant funding in our region.
- Staff provided technical assistance and program monitoring to 11 Community Service Block Grant sub-contractors and six Social Service Block Grant providers in our regional area.

Human Services staff administered the local discretionary Social Service Block Grant (SSBG) program for this region. Staff provided oversight for the local application process. Provided technical assistance to applicants as needed. Monitored programming and processed payments to sub-contractors.

- 663 individuals from the five counties received over 13,440 transportation rides provided from local discretionary Social Service Block Grant funding. 113 of the recipients were persons with disabilities. 603 were senior citizens.

Worked with individual County Care and Shares and/or Food Network providers to prioritize local needs. Incorporated prioritized needs in State Emergency Food Network (EFN) application prepared for region.

- Advocated for local pantry needs in budget requests and scope of work.
- Administered regional (EFN) funding, providing appropriate documentation of expenditures to State.

Assisted regional pantries to increase capacity to provide services by co-sponsoring production of 9,600 cans of pork and beans for distribution in emergency food boxes. 2) Purchased in-floor digital scales for our 2nd largest food pantry, 3) Assisting with operations support covering items such as rent costs and some utility charges, 4) Additional supports helping to improve and update facilities by repairing floors and painting, 5) Secured a trainer, fork lift charger, cargo container for some distribution sites, 6) Supplied distribution sites with 7 computers, a printer, and internet connections enabling sites to improve their management information systems and program operations.

- Planned, sponsored and provided three Emergency Food and Food & Shelter meetings with pantry providers.
- Worked with Federal, State and County groups (Beaver, Garfield, and Kane) to secure available state set aside funds as directed by local organization recipient Emergency Food and Shelter Board (EFSB) programming.
- Provided staff support to local EFSB Board administering allocation process for all jurisdictions designated in our region.
- Prepared individual EFSB applications for each of the five jurisdictions in our region.
- Worked with EFSB providers helping 61 families with emergency rent/mortgage payment supplements so families could either avoid eviction or obtain housing leveraging Emergency Food and Shelter Board resources.

# Five County Association of Governments

- Staff worked with each of the 11 individual EFSB providers to assure program compliance issues were met.
- AOG provided support as fiscal conduit for all purchases throughout region.
- Staff successfully packaged and sent all required documents for all four FY06 jurisdictions to EFSB National Board and responded to changes made in program interpretation.
- Assisted in the procurement of 1,350,163 pounds of food for pantry use in Emergency Food Boxes. 104,538 pounds were from the United States Department of Agriculture, and 757,609 pounds of food were from the Utah Food Bank.
- Regional food pantries were assisted by local food drives from Boy Scouts (110,476 pounds), Letter Carriers (85,400), education groups, corporate sponsors, churches, and community members donated 228,377 pounds of food.
- 63,763 pounds of food were purchased locally for use in emergency food boxes.
- AOG staff collected statistical data from each regional food pantry provider, prepared required reports, and submitted them to State as required.
- The Human Services Unit provided Emergency Food and Shelter Umbrella Supporting to twelve pantry sites within the five county area.

## Other Human Services Unit Support included:

- Participated in and provided support for a variety of local and regional community councils, including: Human Services Coordinating Council of Washington Co.; Homeless Continuum of Care Coalition/Housing First (Homeless Coordinating group); and the Southwest Regional Interagency Council.
- Promoted the Utah Saves program as a way to increase consumer fiscal awareness and promote self sufficiency.
- Served as member of Utah Community Action Partnership Association;
- Promoted participation in legislative process. Facilitated regional discussions with Legislators from Southern Utah and attendees at the Legislature on Democracy Day, where the Five County region had the largest number of participating constituents.
- Provided technical and administrative support for Support Services Case Management programming, transitioning the service from a direct AOG program and integrating it with sub-contracted programming in each of the five counties.

**1,124** individuals from **570** families received Support Service Case Management. The following table shows the number of persons helped and the service category they received:

Employment Support & Skills <u>185</u>	Mobil Medical Clinic Support <u>138</u>	Housing Support <u>235</u>	Medical Linkage <u>239</u>	Domestic Violence Linkage <u>30</u>
Legal Support Linkage <u>64</u>	Parent Training <u>38</u>	Other Emergency Linkage <u>92</u>	Improve/Stabilize Household <u>656</u>	Information & Referral <u>1,094</u>
Ethnicity of families helped by Support Service Case Management:		Level of Poverty for families assisted:		
Black: <u>9</u>	White: <u>853</u>	Hispanic: <u>175</u>	Up to 50%: <u>344</u>	101% to 125%: <u>42</u>
			51% to 75%: <u>75</u>	126% to 150%: <u>25</u>
Native American: <u>69</u>	Asian: <u>5</u>	Other: <u>13</u>	76% to 100%: <u>53</u>	151% and over: <u>31</u>

# Five County Association of Governments

- Hosted and helped coordinate the Volunteer Income Tax Assistance (VITA) program, outreaching to low income consumers and linking them with VITA sites to increase number and amounts of tax returns & Earned Income Tax Credit's reimbursements. Tax returns filed increased from 1,171 in FY2007 to 1,791 in FY2008, a 53% increase.

<b>COMMUNITY SERVICE BLOCK GRANT (CSBG) Subcontracted ALLOCATIONS FY 2007 - 2008</b>	
<b>Provider</b>	<b>Allocation</b>
Southwest Highschool (Wash Co. Adult Education)	\$12,000
Iron County Adult Ed.	\$4,057
Millcreek High School	\$15,546
Beaver County Food Network	\$19,281
Garfield Co. Care & Share	\$14,807
Iron County Care & Share	\$26,704
Kane County Hungry Pantry	\$14,807
Dixie Care & Share	\$46,473
New Frontiers for Families (includes c.m. for Garfield & Beaver)	\$ 6,800
<b>Total Allocations</b>	<b>\$172,842</b>

<b>SOCIAL SERVICE BLOCK GRANT (SSBG) Sub Contract ALLOCATIONS FY 2007 - 2008</b>	
<b>Provider</b>	<b>Allocation</b>
Beaver County Council On Aging	\$9,000.00
Garfield County Council On Aging	\$9,000.00
Iron County Council On Aging	\$9,000.00
Kane County Council On Aging	\$9,000.00
Turn Community	\$7,683.00
Washington County Council on Aging	\$9,000.00
<b>Total Allocations</b>	<b>\$52,683.00</b>

# Five County Association of Governments

## AGING & NUTRITION SERVICES

Aging services are provided under the Older Americans Act, a Federal law enacted in 1965, which provides, through Area Agencies on Aging, community planning, training, and services to assist older persons. These programs are designed to assist older people to remain independent and live in their own homes as long as possible, with special emphasis on serving the socially and economically disadvantaged.

There are a variety of services administered by the Area Agency on Aging which are available through County Councils on Aging and other subcontractors. These services include:

- transportation, telephone reassurance
- friendly visiting
- congregate & home delivered meals
- chore services
- recreation and socialization
- outreach
- legal services
- information and referral.

Aging and Nutrition Services are available to all persons 60 years and older. U.S. Census projections for 2008 indicate there 38,404 persons age 60 or older living within the five county area. That segment of the population comprised 18.7% of the overall population of the region in 2000. The overall population of the five county region has increased from 140,919 in 2000 (U.S. Census Bureau) to 203,499 persons in 2008, with 19% of the overall population over 60.

As of June 30, 2008 at least 8,685 Seniors actively participated in programming throughout our region. Our region contracts with Utah Legal Services, a Registered Dietician, and all five of the Counties in southwest Utah. There were 14 operating Centers (13 Senior Citizen Centers and one satellite site, where meals and activities are held) in Southwestern Utah, as shown in the following table:

<b>Senior Citizens Centers in the Five County Region</b>				
<b>Beaver County</b>	<b>Garfield County</b>	<b>Iron County</b>	<b>Kane County</b>	<b>Washington County</b>
Beaver Milford Minersville	Escalante Henrieville Panguitch	Cedar City Parowan	Kanab Orderville	Enterprise Hurricane St. George Springdale (satellite)

# Five County Association of Governments

<b>Human Services Resources Provided by Program and Total Units of Service</b>	
<b>Program</b>	<b>Units of Service</b>
Transportation	32,868 rides
Congregate Meals	79,314 meals
Home Delivered Meals	111,393 meals
Outreach	7,740 client hours
Information & Assistance	58,115 client requests
Friendly Visiting & Socialization	51,212 client hours
Telephone/Reassurance	50,021 client hours
Chore Maintenance	29,997 client hours
Recreation & Exercise	28,789 client hours
Legal Services	34 client hours
Health Screening	3,245 units
Nutritional Counseling & Education	1,837 hours
Education Classes	4,133 hours

## **AGING AND HUMAN SERVICES STAFF**

Sherri Dial	Human Services Planner
Brenda McKee	Secretary/Receptionist
Rosanne Tietjen	Referral Specialist

# Five County Association of Governments

## CHILD CARE RESOURCE & REFERRAL, WESTERN REGION



**Lis Barker**  
Director, Child Care  
Resource & Referral,  
Western Region  
lis@childcarehelp.org

Child Care Resource and Referral, Western Region is part of a statewide system of Child Care Resource and Referral Agencies. The Western Region serves 11 counties in central and southwestern Utah. The service area includes Beaver, Garfield, Iron, Juab, Kane, Millard, Piute, Sanpete, Sevier, Washington and Wayne. Funding for this program comes to the Five County Association of Governments through a federal Child Development Block Grant from the Department of Workforce Services and the Utah Office of Work and Family Life.

The mission of Child Care Resource and Referral, Western Region is to improve the quality of life for the children in Southern Utah who are enrolled in child care programs, to provide support for their families and child care providers and to serve as a resource to communities on child care issues.

Child Care Resource and Referral, Western Region provided the following services between July 1, 2007 and June 30, 2008:

- 1,237 families received help finding child care and parents were mailed support information about what to look for in quality care and other parenting issues.
- 1,126 calls were taken from child care providers requesting technical assistance for training help or other child development issues.
- 810 hours of child care training was held.
- Provided support services to 211 child care programs, enabling providers to apply for and receive federal funding in the following amounts:
  - Career Ladder/Professional Development Program Awards - \$51,800.00
  - Start-Up Grant assistance to Family Child Care Providers - \$9,233.00
  - Equipment Grant to Family Child Care Providers - \$9,000.00
  - Baby Steps Grants - \$44,670.00

Total Funding to Providers in the Eleven County Area: \$114,703.00

Collaborated on various projects in communities throughout the eleven county region which included:

- Organizing and hosting the sixth annual Early Childhood Collaboration Conference at Southern Utah University on June 7, 2008.
- Organizing and hosting two provider recognition events - one in the 5 county area and one in the 6 county area.
- Hosting "The Week of The Young Child" events in local libraries throughout Central and Southern Utah and distributing 1,000 books to children and their families.
- Compiling, distributing and publishing a list of summer programs to parents, 65 elementary schools and libraries.
- Giving child care presentations to high schools, universities/colleges, and civic groups.
- Working with DWS Employment Centers in the recruitment of new child care resources.

### **CHILD CARE RESOURCE & REFERRAL STAFF**

Whitney Benson	Training Support
Kristen Clark	Data Specialist
Chelsea Carattini	Referral Specialist/Training Support
Kim Kitteridge	Training Coordinator
Carrie Sigler	Referral Specialist/Mentor Coordinator

# Five County Association of Governments

## COMMUNITY & ECONOMIC DEVELOPMENT



**Gary Zabriskie**  
Community & Economic  
Development Planning  
Manager  
gzabriskie@fcaog.state.ut.us

A significant role of the Community & Economic Development Program at the Five County Association of Governments is to provide professional staff resources and assistance to local jurisdictions that do not have such capacity.

Regional planning activities provide access to potential state and federal funding. A number of state and federal programs distribute funds and technical assistance based upon regional prioritization and administration.

Four professional planners and a program specialist assist community, county and regional leaders in efforts to plan, prepare and implement programs that assist elected officials develop viable communities by providing decent housing, suitable living environments and expanded economic opportunities.

Highlights of FY2008 activities of the Community & Economic Development program at the Association include:

### **PLANNING ASSISTANCE**

#### **Local**

- Dixie Area Workforce Housing Availability Committee
- Enterprise Zone Assistance
- Garfield County Economic Development Planning
- Paiute Tribe Environmental Reviews Preparation
- Vision Dixie Implementation
- Washington County Critical Lands

#### **Regional**

- 2008 Local Capital Improvements Lists Updates and Public Involvement
- Utah State University Socioeconomic Study Participation
- Canyon Region Economic Development Alliance
- Color Country Resource Conservation & Development Council
- Comprehensive Economic Development Strategy
- HUD Consolidated Plan Development
- Geographic Information System (GIS) Data Base Development and Coordination
- High Desert Trail Study Team
- Kanab Center for Education, Business and the Arts (CEBA)
- Natural Resource Committee
- Scenic Byway 143 Corridor Management Plan Preparation/Committee Participation
- Southern Utah Planning Authorities Council
- Southwest Utah Wildfire Protection Plan
- Ticaboo/Bullfrog Commercial Power Feasibility Study
- Utah Population Estimates Committee
- Zion Canyon Corridor (ZC3) Committee Participation

#### **Federal Lands**

- Arizona Strip BLM Resource Management Plan Cooperators
- Dixie National Forest Management Plan and Motorized Travel Planning Participation
- Grand Staircase-Escalante National Monument Advisory Council

# Five County Association of Governments

- Cedar Breaks National Park Designation Task Force
- US Forest Service Wild & Scenic River Evaluation Process
- US Army Corps of Engineers Virgin River Watershed Plan Participation

## CIRCUIT RIDER PLANNING

Garfield and Iron counties and communities support full time planners who live and work in the county and provide day-to-day planning support to local jurisdictions. These planners provide extensive support ranging from zoning administration to mapping to other duties including election equipment troubleshooting and website development.

## UTAH SMALL CITIES COMMUNITY DEVELOPMENT BLOCK GRANT (CDBG) PROGRAM

The 2008 program year was the 27<sup>th</sup> year that the Governor of the State of Utah elected to administer the Small Cities Community Development Block Grant (CDBG) Program, whose purpose is "to assist in developing viable urban communities by providing decent housing, suitable living environment and expanding economic opportunities, principally for persons of low and moderate income." The Five County Association of Governments has been designated by the State of Utah to receive and evaluate applications for (CDBG) funds within the southwest region.

Of the CDBG applications received by the FCAOG for FY 2008, the highest ranking projects were funded within the allocation budget and are identified in the following table:

CDBG Projects Funded FY 2008 (Listed Alphabetically)		
GRANTEE	PROJECT	CDBG \$
Cedar City on behalf of Cedar City Housing Authority	Property Acquisition for construction of 18-24 units of LMI Housing for Elderly Persons (Year 1 of Multi-year Project = \$150,000)	\$ 150,000.00
Cedar City on behalf of Iron County Care & Share	Plan Development for New Homeless Shelter	\$ 38,744.00*
Escalante City	Construction of New Fire Station	\$ 150,000.00
Five County Association of Governments	Community Planning, Administration and Technical Assistance	\$ 150,000.00
Iron County on behalf of Iron County Council on Aging	Construction of new Senior Citizens Center in Parowan (Year 2 of Multi-year Project = \$131,664)	\$ 131,664.00
Ivins City	Curb, Gutter and Sidewalk in Site Specific Area (Year 1 of Multi-Year Project = \$150,000)	\$ 150,000.00
Orderville Town	Engineering for New Fire Station	\$ 41,200.00
TOTAL FY 2008 CDBG FUNDS ALLOCATED		\$ 811,608.00
*Received balance of funds for reduced scope of work		

## PERMANENT COMMUNITY IMPACT FUND

The Utah Permanent Community Impact Fund Board (PCIFB) provides funding to state agencies and subdivisions of the state which have or may be socially or economically impacted by mineral resource development on federal lands.

# Five County Association of Governments

The PCIFB provides significant financial support in the form of loans and/or grants to eligible entities (counties/city & towns, and special service districts) within this region who strive to meet the community development needs of the citizens. The following table lists the funding amounts, by county, as well as the distribution of funds as grants and loans, for community development projects in southwestern Utah that were funded with assistance of the Permanent Community Impact Fund Board during FY 2008.

<b>PERMANENT COMMUNITY IMPACT FUND BOARD FUNDING - FY 2008</b>					
<b>COUNTY</b>		<b>PCIFB GRANTS</b>	<b>PCIFB LOANS</b>	<b>PCIFB FUNDING TOTAL</b>	<b>TOTAL PROJECT COST</b>
<b>Beaver</b>	There were no PCIFB applications submitted in FY 2008	\$0	\$0	\$0	\$0
<b>Garfield</b>	1 public safety facility, 1 water system improvements, 1 new fire station, 1 building purchase, 1 master plan study	\$980,000	\$5,715,000	\$6,695,000	\$7,070,000
<b>Iron</b>	2 water system improvements, 1 new senior citizens center	\$416,250	\$300,000	\$716,250	\$1,192,500
<b>Kane</b>	2 new fire stations, 1 road improvements, 1 new EMT building	\$579,784	\$681,000	\$1,260,784	\$1,601,784
<b>Washington</b>	1 water system improvements, 1 new fire station	\$80,000	\$535,000	\$615,000	\$855,670
<b>Five County Region Totals:</b>		\$2,056,034	\$7,231,000	\$9,287,034	\$10,719,954

## **REVOLVING LOAN FUND**

The Five County Association of Governments administers a Revolving Loan Fund (RLF) under the direction of the RLF Administration Board. The RLF is designed to create private sector jobs primarily for low and moderate income individuals. The loan program is designed to provide "gap financing", filling the gap between conventional lending sources and available equity. The RLF establishes a partnership with private sector commercial lenders. A major goal of the RLF is to create "household-sustaining" employment primarily in the manufacturing sector. The RLF is also positioned to assist in business retention and creation in areas experiencing high economic distress. Another goal of the fund is to continue fostering the development of "technology-based" businesses within the region.

The RLF has experienced great success since its inception in July 1987. Over \$6.4 million has been lent to a total of 99 business across the region, resulting in the creation or retention of 950 jobs. A total of four new loans were closed during FY 2008.

## **COMMUNITY & ECONOMIC DEVELOPMENT STAFF**

Brad DeMond	Community Planner (left April 2008)
Reed Erickson	Iron County Circuit Rider Planner
Justin Fischer	Garfield County Circuit Rider Planner
Darren Janes	Community Planner
Diane Lamoreaux	Program Specialist

# Five County Association of Governments

## HOME ENERGY ASSISTANCE TARGET PROGRAM



**Susan Long**  
Heat Program  
Supervisor  
slong@fcaog.state.ut.us

The Home Energy Assistance Target Program, also known as the "HEAT Program" is designed to assist eligible households meet the rising costs of home energy. HEAT is not a welfare program. This federally funded Energy Assistance Program is administered by the State of Utah through the Department of Community and Culture and locally administered by the Five County AOG.

HEAT applications were taken during the period of November 1 through May 31 this year. Each household can only receive HEAT assistance once during this time period.

Each household's benefits are calculated individually. Amounts are determined by three main factors:

1. Family Size and Federal Poverty Level (according to income chart)
2. Energy Burden (high heating/cooling bills)
3. At-risk Groups: Children under six (6) years of age, Elderly, Disabled

The following table shows the numbers of households that were served by the HEAT Program during fiscal year 2008:

HEAT PROGRAM FY2008		
COUNTY	# OF HOUSEHOLDS SERVED	DOLLAR AMOUNT
Beaver	128	\$41,238
Garfield	176	\$63,884
Iron	936	\$314,355
Kane	141	\$48,091
Washington	1,515	\$540,846
<b>TOTAL</b>	<b>2,896</b>	<b>\$1,008,414</b>

Crisis funds were also administered during the FY 2008 fiscal year in the amount of \$75,223.34.

### HEAT PROGRAM STAFF

Alene Anderson	Intake Worker
LeAnn Barnhurst	Intake Worker
Gayla Brann	Intake Worker
Andrea Escobar	Receptionist
Kim Henke	Data Entry Specialist
Connie Oshley	Intake Worker
Jill Phillips	Intake Worker
Brandi Schraft	Intake Worker
Janice Tanner	Receptionist
Rosanne Tietjen	Intake Worker
Jenni Thomas	Intake Worker

# Five County Association of Governments

## WEATHERIZATION & HOUSING REHABILITATION



**Doug Carlson**  
Program Director  
dcarlson@fcaog.state.ut.us

### WEATHERIZATION

The Five County Association of Governments administers the regional Weatherization program. The purpose of the program is to provide energy cost reduction assistance to low-income households. The program is funded by the U.S. Department of Energy. The U.S. Department of Energy's Weatherization Assistance Program is the nation's core program for delivering energy efficiency services to low-income households. Weatherization helps low-income families conserve energy, save money, and improve their living conditions. We partner with the local Heat and Home Rehabilitation programs to assure we are servicing those in need and to make sure we wisely use the funds made available to us.

Professionally trained weatherization crews perform on-site home energy audits using state of the art equipment to identify outside drafts and inspect heating and cooling systems for efficiency. Weatherization crews install insulation, seal off air leaks, make modifications to (or replace) existing heating systems and make minor repairs to ensure safety. Once installed, these energy saving measures will help to reduce heating and cooling costs for years to come. Weatherization services provided include heating safety and efficiency inspection; installation of attic, wall or floor insulation.; weatherstripping and caulking; installation of water saving showerheads; installation of energy efficient light bulbs; replacement of broken window glass; installation of water heater jackets; and on-site home inspection to determine energy losses.

Weatherization services provided during the fiscal year to households throughout the five county region are shown in the following two tables:

Weatherization Program FY 2008	
Funding Source	Amount Expended
LIHEAP	\$257,893
Department of Energy	\$132,582
Questar	\$26,824
Rocky Mountain Power	\$7,270
State of Utah	\$20,000
TOTALS	\$444,569

Weatherization Program FY 2008 Number of Homes Completed By County	
Beaver	6
Garfield	12
Iron	15
Kane	5
Washington	16
TOTALS	54

# Five County Association of Governments

## CRITICAL NEEDS HOUSING/EMERGENCY HOME REPAIR

The Critical Needs Housing/Emergency Home Repair Program provides grant assistance up to \$2,500 within a five-year period to eligible homeowners for emergency-type home repairs that pose a potential health and safety threat to the occupants or threatens the long term integrity of the dwelling. Through a cooperative partnership with the Weatherization Program, Rural Development, homeowner contribution and contractor donation funds have been extended to serve more homeowners or assist with more costly projects.

Critical Needs Housing/Emergency Home Repair FY2008				
Project Type	Number of Projects	County	Number of Projects	Dollars Expended by County
Roof Repairs	3	Beaver	4	\$3,115.75
Water Heaters	5	Garfield	4	\$4,135.62
Exterior Work	1	Iron	5	\$4,718.38
Plumbing	1	Kane	2	\$2,643.00
AC/Heat	7	Washington	3	\$4,530.25
Electrical	2			
Totals:			18	\$19,000.00

## HOME REHABILITATION

Many low-income homeowners need to make repairs to their property, but do not have the income necessary or the ability to obtain private loans to do so. The multi-agency partnership established between the State of Utah, Division of Housing and Community Development (DHCD) and the U.S. Department of Agriculture, Rural Development Office, being administered through the Five County Association and the local Rural Development Office has been successful in increasing the number of homeowners receiving assistance to make home repairs or replacing dwellings that were not cost effective to rehabilitation. The Weatherization and Emergency Home Repair Programs administered through the Five County Association of Governments has been utilized in the partnership effort to extend funding. One reconstruction and thirteen rehabilitation projects were completed during fiscal year 2008 including projects started and carried forward from fiscal year 2007.

Home Rehabilitation FY2008 Project Distribution by County/Project Type/ Expenditures		
County	Projects	Funds Expended
Beaver	Replacement 1, Rehabilitation 5	\$152,579.00
Garfield	Rehabilitation 2	20,000.00
Iron	Rehabilitation 3	23,375.00
Kane	Rehabilitation 2	15,000.00
Washington	Rehabilitation 1	7,500.00
Totals:		\$218,454.00

# Five County Association of Governments

## **DOWN PAYMENT & CLOSING COST ASSISTANCE PROGRAMS**

The Down Payment/Closing Cost Assistance Program creates greater opportunity for home ownership among lower income and minority households. Assistance is available to eligible first time home buyers in the five county area with incomes below 80% of the median income for their area.

During fiscal year 2008, forty-seven inquiries were received from potential borrowers and lenders. Eleven loans totaling \$21,332.27 were processed. Forty-five percent of the loans were in conjunction with the Mutual Self Help Program with mortgage loans through USDA Rural Development. Payoff statements were received and paid off for two loans in the amount of \$2,617.70. The revolving loan account is no longer being replenished, with loan payoff funds being returned to the Division of Housing and Community Development. Funds are now limited, but will be available until the revolving loan account is expended.

<b>Down Payment &amp; Closing Cost Assistance Programs Activity Summary (By County)</b>		
<b>County</b>	<b>Number of Loans</b>	<b>Funds Expended</b>
Beaver	2	\$3,341.60
Garfield	0	\$0.00
Iron	8	\$14,542.71
Kane	0	\$0.00
Washington	5	\$10,000.00
Totals:	15	\$27,884.31

## **HOUSING REHABILITATION & WEATHERIZATION STAFF**

Danna Alvey	Community Development Program Specialist
Ken Beals	Weatherization Technician
Steve Clay	Weatherization Labor Assistant (Left October 2007)
Todd Ille	Weatherization Supervisor
Kirby Lambert	Weatherization Energy Auditor

# Five County Association of Governments

## IN-HOME AND COMMUNITY-BASED AGING AND ADULT SERVICES



**Carrie Schonlaw**  
In-Home Aging Services  
Director  
cschonlaw@fcaog.state.ut.us

The Five County Area Agency on Aging (AAA) administers state and federal programs designed to offer relief to frail elderly or disabled adults with limited resources. These programs help to maintain the frail elderly or disabled adults in their own home or other community placement as an alternative to being institutionalized in nursing homes.

The programs administered by the Five County AAA for In-Home and Community Based Aging Services during the past year were:

- Medicaid Aging Waiver
- State Alternatives Program
- National Caregiver Support Program
- New Choices Waiver Medicaid, provide the Case Management and Care Coordination only.

### AGING PROGRAM CASE MANAGEMENT

As part of the In-Home & Community Based Adult & Aging Services administered by the Five County Area Agency on Aging, a staff of trained professionals oversee the day-to-day operations of the programs & provide direct service to consumers. Eight licensed Social Service Workers provide case management services which include a comprehensive assessments of client's status & needs and the development of a individualized care plan in order to locate, coordinate & monitor necessary & appropriate services. Registered Nurses assist case management staff in the assessment & eligibility process and work with case management to ensure client's needs are met. An accounting technician/secretary assists with the referral and intake process, data entry, quarterly reports, fiscal reports, billing & other accounting procedures. The Aging Program Case Management staff coordinates services available through In-Home and Community based programs, in addition to assessments, service monitoring and coordination, and care plan set up and development.

Case Managers work directly with 8 home health agencies, 8 assisted living facilities and nursing homes, 20 other care providers, 3 state agencies, 5 County coordinators, 1 tribal organization and numerous other aging and outreach programs.

### Services for seniors were provided through the following primary subcontractors:

Beaver County Council on Aging	Applegate HomeCare & Hospice	Iron County Home Health	Home Instead
Garfield County Council on Aging	Beaver Valley Home Health	Kolob Care and Rehab. of St. George	Petersen Medical
Iron County Council on Aging	Beehive Homes - Cedar City	Kolob Regional Care & Rehab. - Cedar City	Southern Utah Home Care
Kane County Council on Aging	Beehive Homes of Kanab	Lifeline	The Vision Group
Washington County Council on Aging	Beehive Homes of Washington County	Rocky Mountain Home Care	Dignity Health & Home Care
Care to Stay Home	Compassionate Companion	ResCare Home Care	Flo's Home Care

# Five County Association of Governments

## Services for seniors were provided through the following primary subcontractors [continued]:

Utah Legal Services	Gentiva/Horizon Health Services	TURN Community Services	Alpine Medical
Garfield Memorial Hospital	Beaver Valley Hospital	Mytrex, Inc.	Activ Style, Inc.
Heart to Heart Home Care	Cliff View Senior Living	Pioneer Medical Services	Heritage Homes Assisted Living
Acumen Fiscal Intermediary	Rescue Alert of Dixie	Helping Hands	Abbott Nutrition
Barbara Wright	St. George Care & Rehabilitation Center	A Gentle Touch Home Care, Inc.	

## Service Units Provided to Clients

The Alternatives Program	53 clients served 924 Case Management Units 3,508 Homemaking Units 1,143 Personal Aide Units 790 Companion Hours/ 3160 Units Other services provided included: medical equipment & supplies, assistive devices & technology, transportation, in-home and facility respite, chore services, supplemental meals, emergency response systems.		
Medicaid Aging Waiver Program	85 clients served 22,021 Case Management Units 8,208 Homemaking Units 250 Personal Aide Units 9,585 Companion Units Other services provided included: medical equipment & supplies, environmental adaptation, In-home and facility respite, chore services, supplemental meals, Emergency response systems, medication reminder service, personal attendant care.		
Caregiver Support Services	Information Assistance Training Respite Supplemental Services	2,210 units 1,283 units 41 units 2,052 units 37 units	65 clients served 2,210 clients served 328 clients served 437 clients served 216 clients served 37 clients served
New Choices Waiver	55 clients served in 15 assisted living facilities. Other services provided: medical equipment & supplies, transportation, companion services, supplemental meals, institutional transition services.		

## IN-HOME & COMMUNITY BASED AGING& ADULT SERVICES STAFF

Janeil Esplin-Jackson	Case Manager
Peggy Garrison	Case Manager (left June, 2008)
Barabra Hagen	Case Manager
Tracy Heavy-Runner	Case Manager
Kristi Lasson	Case Manager
Jeri Lawrence	Registered Nurse Case Manager
Carolyn Moss	Accounting Technician
Jim Mowery	Case Manager
Debbra Sullivan	Case Manager
Contract Nurses	

## SENIOR CORPS PROGRAMS & VOLUNTEER CENTER NETWORK



**Linda Sappington**  
Volunteer Network  
Director  
lsappington@fcaog.state.ut.us

### RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP)

Five County RSVP, one of the three programs of the National Senior Service Corps placed 1500+ senior volunteers at more than 100 volunteer stations where they "*lead with experience!*" In FY2008, Five County RSVP:

- reported more than 197,000 hours of service to Beaver, Garfield, Iron, Kane and Washington Counties
- maintained a strong corps of senior volunteers at Dixie Regional Medical Center, Dinosaur Interpretive Center, St. George Area Chamber of Commerce, local schools, Dixie Care and Share, senior centers, and community events - including St. George Musical Theater, Dixie State College Theater, and 2200 ushering assignments at Tuacahn Center for the Arts
- hosted a Tea for Tutors in recognition of Seniors-in-Schools volunteers who serve underachieving children in Washington County classrooms
- distributed another 2500 Vials-of-Life to senior residents in Washington County bringing the project total to 15,000!
- assisted hundreds of Medicare beneficiaries in the five county region in finding answers to their questions about Medicare, Medicaid, prescription drug and medigap insurance coverage
- developed a training program for senior mentors serving in the Resource and Re-Entry Program which provides wrap around services to inmates coming out of incarceration at Purgatory Correctional Facility
- hosted Annual Recognition Events in 3 counties (Washington, Iron and Kane) with more than 500 volunteers in attendance

### FIVE COUNTY FOSTER GRANDPARENT PROGRAM

The Five County Foster Grandparent Program, another of the three programs of the National Senior Service Corps places senior volunteers in area classrooms to "*share today . . . shape tomorrow!*" In FY2008, the Five County Foster Grandparent Program:

- placed 38 volunteers serving 15-20 hours weekly tutoring approximately 250 underachieving children in Washington, Beaver and Iron County schools
- organized and hosted Volunteer University which provided 15 hours of literacy training at the beginning of the school year to approximately 40 volunteers
- hosted the annual Tea for Tutors at the end of a successful school year
- distributed nearly 1000 new books to young readers through Scholastic Books, Inc.
- recruited three retired educators to assist in literacy training workshops
- created and/or compiled 20 literacy games for Foster Grandparent volunteers to use in one-on-one tutoring sessions with children
- helped raise reading scores of 15 children of incarcerated parents in the WCSD

### FIVE COUNTY SENIOR COMPANION PROGRAM

The Five County Senior Companion Program, the final of the three programs of the National Senior Service Corps, "*makes independence a reality!*" for frail elderly and disabled. In FY2008, the Five County Senior Companion Program:

- hired Christine McDonald as program coordinator in Washington and Kane Counties, who has, since April, recruited, trained and assigned ten new volunteers
- 38 volunteers serving 15-20 hours weekly providing transportation, companionship and in-home support for independent living to approximately 125 frail elderly adults in Washington, Kane and Iron Counties
- provided respite to approximately 23 long term caregivers
- supported 23 end-of-life patients and family members in hospice care
- organized and hosted Volunteer University which provided 15 hours of caregiver training to approximately 40 volunteers
- received ongoing funding from the Utah Council of the Blind, Applegate Home Care and Hospice as well as from several programs of the Area Agency on Aging for services provided to their clients

# Five County Association of Governments

## **VOLUNTEER CENTER OF WASHINGTON COUNTY**

In FY2008, the Volunteer Center of Washington County continued to oversee the activities of volunteers including:

- Health Insurance Information Program (HIIP)
- Youth Volunteer Corps of Washington County, with ten AmeriCorps team leaders coordinating service and service-learning opportunities for youth volunteers, age 11-18, including a successful Youth Court (first time offenders under age 18 and referred by the 5th District Juvenile Justice Court must agree to plead guilty), Reading Rocks, national service days, and a monthly Family Night at the Library.
- Court-ordered Community Service Program which assisted approximately 150 offenders of any age referred by area courts to complete a designated number of hours in lieu of incarceration.
- created 500 72-hour-kits-in-a-bucket for distribution to area children in foster care
- hosted a second successful Summer of Service program involving youth volunteers
- organized the Easter Eggstravaganza fund-raising event on behalf of the Erin Kimball Foundation
- took over responsibility for the Dixie Clown Club to teach children the art of clowning

The Volunteer Center director serves on the steering committee for the Resource and Re-Entry Center to reduce recidivism by helping inmates coming out of incarceration find access to community resources. The Volunteer Center director was also elected to serve a 2nd two-year term as chairman of the Utah Volunteer Center Association.

## **VOLUNTEER CENTER OF IRON COUNTY**

The Volunteer Center mobilizes people and resources to deliver creative solutions to community needs. To achieve this vision, the Volunteer Center offers programs and services that helped:

- 411 volunteers in the 3-county region contributed 34,165 hours of service at 44 different locations
- 8 Senior Companions provided support and assistance to 100 frail elderly and disabled adults.
- 16 Foster Grandparents served in classrooms at SUU Head Start and at the Iron County School District.
- The Volunteer Center continues to take an active role in learning the details of Medicare Part D and is working to educate seniors 3-county wide about the prescription drug program.
- In collaboration with the Five County Caregiver Support Program, the Health Insurance Information Program (HIIP), the Alzheimer's Association, and the Iron County Council on Aging, the 5th annual Senior's Conference was held at Festival Hall in Cedar City and attracted 200+ seniors, care givers and professionals from the 3-county region (and beyond).
- Youth volunteer programs continue to be an important focus. The Youth City Council continues to function in Cedar City as well as the Youth Volunteer Corps - both encouraging service among our youth.
- The Center also serves as the lead agency in organizing projects for National Service Days such as Make A Difference Day, National Family Volunteer Day and National Youth Service Day. The Volunteer Center also organizes the volunteer program for the Utah Summer Games - now in its 23rd year.
- The Center has also developed a Court Ordered Community Service program to assist individuals to find volunteer opportunities to satisfy Community Service requirements set by the Courts. This is a fee-for-service program which brings in additional revenue each year.

## **VOLUNTEER CENTER OF KANE COUNTY**

The Volunteer Center of Kane County has an outstanding, ongoing partnership with our County Commission, City Council and support from Law Enforcement, Schools, Agencies, Faith Based groups and the Community.

# Five County Association of Governments

We are working together to effectively meet the needs of all community age groups. Accomplishments in FY2008 include:

- 474 volunteers in Kane County's RSVP (Retired and Senior Volunteer Program), YVC (Youth Volunteer Corps) and other community volunteers served 44,925 hours - valued at \$808,650 based on the national rate of \$18 per volunteer hour.
- Hosted 1 full-time AmeriCorps member and 2 full-time AmeriCorps\*VISTA members (Volunteers in Service to America).
- Completed a 5 year plan for the Volunteer Center of Kane County and its programs.
- Awarded Ted Atherly with Kane County's Silver Bowl Award.
- Coordinated the annual Community Night Out Against Crime in partnership with the Kane County Sheriffs Office and Emergency Services.
- Hosted the Local Interagency Council (LIC) and the Local Emergency Planning Council (LEPC) to assist local governments, agencies, churches, and emergency responders in an "all- hazards" approach on the subjects of preparedness, response, recovery and mitigation associated with any type of disaster or emergency.
- Assisted County Emergency Services in setting up FEMA training and Exercises.
- Updated interpreters list for the hospital, courts and local law enforcement.
- Purchased a laptop computer, projector, CERT (Community Emergency Response Training) manuals, backpacks, vests, helmets and other equipment through a Citizen Corps Council (CCC) grant.
- Recruited volunteers to serve with the Medical Reserve Corps (MRC) in partnership with the Southwest Utah Public Health Department.
- Attended a Point-of-Distribution (POD) training and are now exercising with Emergency Services and local churches to practice distribution in emergency situations.
- Provided transportation to families and individuals who have been hospitalized or involved in an accident to get transportation to the shuttle or airport so they can return home since there is no such service in Kane County.
- Staff has been trained as Victim Services Advocates to assist adults and children who suffers direct or threatened physical, psychological, or financial harm as a result of a crime.
- Updated the County Directory for Government, Agencies and new residents.
- Provided assistance to families and those over age 65 to secure the Earned Income Tax Credit (EITC) to strengthen family financial stability.
- Counseled Medicare beneficiaries with questions about Medicare, Medicaid, medigap and other senior health insurance issues through the Health Insurance Information Program (HIIP).
- Coordinated service and service-learning activities for youth volunteers through the Youth Volunteer Corps (YVC).
- Coordinated the Sub for Santa Program to provide Christmas for 40 children.
- Provided volunteer support to Community Events, including the Reality Store with Workforce Services, American Cancer Society Relay for Life, Greyhound Gathering, Storytelling Festival, Earth Day Festival, Western Legends, National Trails Day, Christmas Festival, July 4th Parade

## **SENIOR CORPS PROGRAMS & VOLUNTEER CENTER NETWORK STAFF**

Clint Cottam	Americorps/Youth Court
Julie Ducket	Foster Grandparent Program Coordinator
Stana Fisher	Americorps*VISTA
Kathleen Flood	Americorps*VISTA
Tracy Garrett	Coordinator, Volunteer Center of Iron County
Kathy Gonzalez	Program Assistant, Volunteer Center of Iron County
Terra Sue Honey	Coordinator, Volunteer Center of Kane County
Chris McDonald	Senior Companion Program Coordinator
Joretta Stewart	Americorps*VISTA
Winy van Gills	Americorps*VISTA
Elizabeth Young	Receptionist, Volunteer Center of Washington County

## TRANSPORTATION PLANNING



**Curt Hutchings**

Transportation  
Planning Manager  
chutchings@fcaog.state.ut.us

The Five County Association of Governments Transportation Planning Program administers transportation planning related activities of the Five County Association of Governments. The purposes of these activities are to bring transportation professionals and others together to discuss transportation related issues and to address those issues in a pro-active manner. Some issues are current and affect the way we move about in our communities today while others have impacts that may affect the flow of automobile, truck, transit, bicycle and other modes of transportation in the future. Through coordinated efforts transportation issues can be identified and reviewed so that we can begin to formulate solutions that best fit our needs.

### **DIXIE METROPOLITAN PLANNING ORGANIZATION (DIXIE MPO)**

The Association hosts the office of the Dixie Metropolitan Planning Organization (Dixie MPO) which carries out the urban transportation planning process for the St. George Urbanized Area and long range planning boundary as required by the federal government. The mission of the MPO is to provide unified transportation planning for Utah's Dixie, with a vision to provide a safe, pleasant, and efficient transportation system through proactive leadership and planning excellence.

The following major efforts were accomplished or championed during the fiscal year:

- Over 450 people attended the 3rd Annual Dixie Transportation EXPO
- Partner in the Vision Dixie Process sponsored by Washington County
- Certification of the Transportation Planning Process for Dixie urban area obtained
- Encouraging partners to seek ways to develop local transportation funding options
- Collaboration with Legislature and Congressional staff in identifying area needs
- Collaboration with UDOT & MPO's in identifying needs for state funding: \$153 M
  
- Participation in the following committees:
  - Joint Policy Advisory Committee- Utah's 4 MPO's, UDOT, Legislature
  - Joint Highway Committee-Adhoc member of this statewide advisory group
  - State Transportation Safety Leadership Team-advocacy for safe policy/ practices
  - State Corridor Preservation Committee- advisory to Transportation Commission
  - Transportation Enhancement Committee-advisory to Transportation Commission
  - State and Local Intelligent Transportation Systems (ITS) committees
  
- Charter executed for development of the 2011-40 Unified Plan and Dixie Regional Plan
  
- Collaboration on the following studies either completed or underway:
  - Statewide Travel Model development and MPO model interfacing
  - Regional Traffic Demand Model calibration and validation
  - I-15 and Hurricane area Tri-routes studies as directed by the State Legislature
  - Red Hills Parkway EIS
  - Telegraph Road Improvements
  - Southern Parkway design, engineering, and construction phase
  - Brigham Road Round-abouts at I-15 (MP 4) reconfiguration
  
- TIP management and transition to UDOT's ePM system interfacing
- Human Services Transportation Coordination Committee established

Besides providing MPO staff support to the above planning and project development studies, the planning office and other partners are supporting many regional and statewide committees. Among these are the Statewide Long Range Planning, Safety and Security, Corridor Preservation, ITS, Enhancement, GIS, Modeling.

# Five County Association of Governments

Locally, the MPO has been supporting ongoing Pedestrian/bicycle and Transit Planning and has been a champion and close partner with the Washington County sponsored Vision Dixie Process. Implementation of the Vision principles and strategies will be the focus during 2009 and beyond with the MPO playing a significant role.

The Dixie MPO web site can be found at: <http://www.dixiempo.org>

## **COORDINATED HUMAN SERVICE TRANSPORTATION PLANNING**

The Association of Governments and The Dixie MPO recognize the value of, and support efforts to more fully coordinate, the specialized transportation needs of elderly individuals, individuals with disabilities and eligible low-income individuals. In partnership with the Utah Department of Transportation (UDOT) and other local partners, we intend to meet the coordinated planning requirement of the Safe, Accountable, Flexible, and Efficient Transportation Equity Act: A Legacy For Users (SAFETEA-LU) for Sections 5310, 5316, & 5317 starting in federal fiscal year 2007.

To that end, the Five County Association of Governments and the Dixie MPO have completed a coordinated human service public transportation plan that identifies the transportation needs of individuals with disabilities, older adults, and people with low incomes, provides strategies for meeting those needs, and prioritizes transportation services for funding and implementation. During the past year, a committee was formed to: provide input to regular updates of the 'Coordinated Human Service Public Transportation Plans' for both the Association of Governments and the Dixie MPO; and to help prioritize project applications that are submitted, for projects within our region, on a yearly basis. The committee will also have opportunities to provide comments on the state-wide coordinated human service public transportation plan.

## **EASTERN WASHINGTON COUNTY RURAL PLANNING ORGANIZATION (RPO)**

During the year, Transportation Planning Office staff meet with the communities of Hurricane, LaVerkin, Toquerville and Leeds along with Washington County, to discuss the possible formation of a Rural Planning Organization to address transportation needs in Eastern Washington County. With strong support from the communities and county we proceeded to make application to UDOT for financial support and the formation of a Rural Planning Organization. The application was approved and the Rural Planning Organization was funded beginning on July 1, 2008.

### **TRANSPORTATION PLANNING OFFICE STAFF**

Lowell Elmer  
Doni Pack

Director - Dixie MPO  
Program Specialist

# Five County Association of Governments



Southern Utah University  
Utah Center for Rural Life  
2008 Rural Honors Award

All Employees of Five County  
Association of Governments

“Child care resource and referral, senior and aging services, family and other human services, housing rehabilitation and heating assistance, volunteer coordination, community planning and development, economic development and business finance, transportation and resource planning.

These are just a few of the numerous and diverse services and programs managed by Utah's five predominantly rural Associations of Governments.

Established by the Utah Inter-local Cooperation Act of 1965, which called for regional cooperation and allowed local governments to work together to administer programs of mutual benefit, during the past 40 years, these regional organizations have expanded their operations and enhanced their menu of services and programs to meet local needs and priorities. Their ultimate goal, however, remains the same: to help local governments in their regions define and meet their common needs through inclusive and coordinated program planning and implementation.

While the services offered by the AOGs are vital, unless one serves on the various boards associated with the AOGs or finds occasion to benefit from the services they provide, the people that diligently toil to make these programs the critical success



that they are across rural Utah are often not known. Outside the AOG family, the staff and employees are seldom recognized. Each of these Associations includes dozens of employees and contract staff, many working long and non-traditional hours to meet the needs of their respective regions and residents. It is no secret that their compensation is nowhere near their state and federal counterparts, and often AOGs are forced to "cobble together" various funding sources to keep staff assigned to essential programs and maintain

delivery, particularly as the administrative portion of federal and state budgets that fund local efforts diminish. But despite ever-present challenges, the AOG workforce continues to deliver the critical services that keep rural Utah, our communities and residents moving forward.

For their dedication and commitment, even seemingly in the face of obscurity, it is our pleasure to recognize and express our gratitude to the employees, past and present, of our rural AOGs with the Southern Utah University Rural Honors Award.”

**Award presented at the 2008 Rural Summit  
at Southern Utah University**