



# FIVE COUNTY NEWS FROM 'R' VIEW



VOLUME X NUMBER 6

NOVEMBER/DECEMBER, 2010

## Director's Dialogue

The final Steering Committee meeting of 2010 included fond farewells to three outstanding public servants. Iron County Commissioner Lois Bulloch has served as Chair of the Steering Committee for the past year. Her gracious and professional manner allowed business to be conducted effectively and efficiently. We will miss her faithful attendance and thoughtful insights. Lois served on the Steering Committee from 2007 through 2010, and has served for two separate terms as a County Commissioner. We wish her all the best as she pursues life out of the limelight!



Ken Sizemore presents plaque to Commissioner Lois Bulloch, Five County Association of Governments Steering Committee Chair

Garfield County Commissioner Maloy Dodds began his service on the Steering Committee in 1995. His fifteen years of service has greatly benefitted not only Garfield County, but all of southwestern Utah. Maloy is a respected public lands expert, level-headed financial manager, and an extremely successful champion of the region with funding agencies such as the Utah Permanent Community Impact Fund Board. He served as Chair of the Steering Committee twice. It has been a pleasure to work with such a dedicated and professional elected official.



Commissioner Lois Bulloch presents plaque to Commissioner Maloy Dodds

Gladys LeFevre has represented the Garfield County School District for the past year. She faithfully attended meetings across the district, traveling from her ranch near Boulder. We appreciated her wisdom and perspectives and wish her well as she helps keep her husband, Garfield County Commissioner Dell LeFevre, on task! (Kenneth Sizemore, Executive Director)



Commissioner Lois Bulloch presents recognition certificate to Ms. Gladys LeFevre, Garfield County School Board

## Utah Bar Association Recognizes Linda Sappington with Community Citizen Award

Linda Sappington, who recently retired after 16 years as the Director of the Volunteer Center Network Senior Corps Programs, was one of four honorees recognized by the Utah Bar Association during the organization's recent fall conference in Salt Lake City.

Sappington received the Community Citizen Award for the creation of three programs in Washington County which provide "a better understanding of the legal profession and the administration of justice, the judiciary or the legislative process, who, over a period of time, has served or assisted the legal profession in a significant way - has



Retiree, Linda Sappington and Executive Director, Ken Sizemore

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offered outstanding contributions of their time and talents to Bar activities.”

The Five County Re-Entry Council (forerunner to the current ReSource and ReEntry Center), a community council created in 1998, focused on reducing the unacceptable 86% recidivism rate at Purgatory Correctional Facility by mentoring those coming out of long-term incarceration through providing access to and information about employment, housing, transportation, education, mental health and other community services.

The second program at the Volunteer Center of Washington County, created in 1999, is the Washington County Youth Court, a peer panel in which youth, ages 15-18, hear cases of and give first time offenders options for making restitution for their wrongdoing.

The third program is the Court-ordered Community Service program which works with offenders referred by local courts to work off their court-ordered service for the good of the community and numerous non-profit agencies in need of volunteer support.

The Community Citizen award is given infrequently because the recognition always goes to an individual or organization not involved in the business of law.

**Five County AOG Case Management Staff Participate in Alzheimer’s Memory Walk**



Top Row: Ruth Sluder, Tracy HeavyRunner, Carrie Schonlaw, & Jim Mowery; Front Row: Logan HeavyRunner, Lisa Anderson & Children, Kristi Lasson & Children

Five County Case Managers and families participated in the Alzheimer’s Memory Walk which raised close to \$500.00 in Donation for research and respite service.

The Walk For Southern Utah has raised \$16,000 with more donations coming in. The Five County Association of Governments Aging division and Case Management unit partners with the Alzheimer’s

Association in the services ranging from caregiver training to respite for the burned out caregiver.

**FY 2011 Meeting Schedule**

The Five County Association of Governments Steering Committee will meet in regular session in 2011 on the following schedule:

Meeting Date	Location
Wednesday, January 19, 2011 1:00 p.m.	Five County AOG Conference Room 1070 W.1600 S., Bldg. B St. George, UT
Wednesday, February 9, 2011 1:00 p.m.	Kane Co. Courthouse Commission Chambers 76 North Main Street Kanab, UT
Wednesday, March 9, 2011 1:00 p.m.	Beaver Co. School District Board Room 291 North Main Street Beaver, UT
Wednesday, April 20, 2011 1:00 p.m.	Parowan Library Meeting Room 16 South Main Street Parowan, UT
Wednesday, May 11, 2011 1:00 p.m.	Panguitch Library Council Chambers 15 South 200 East Panguitch, UT
Wednesday, June 8, 2011	Kane Co. Courthouse Commission Chambers 76 North Main Street Kanab, UT
Wednesday, August 10, 2011 1:00 p.m.	Panguitch Library Council Chambers 15 South 200 East Panguitch, UT
Wednesday, September 21, 2011 1:00 p.m.	Beaver Co. School District Board Room 291 North Main Street Beaver, UT
Wednesday, October 12, 2011 1:00 p.m.	Parowan Library Meeting Room 16 South Main Street Parowan, UT
Wednesday, November 16, 2011 1:00 p.m.	Five County AOG Conference Room 1070 W.1600 S., Bldg. B St. George, UT

## Living Well with Chronic Disease



Living Well with a Chronic Condition classes began in the Five County area in September.

To date there have been five classes conducted in Washington, Iron and Beaver

counties. The community has been very receptive to the classes and 49 individuals have completed the course.

Five County has created partnerships with Dixie Regional Health and Performance Center and the Southwest Utah Health Department, in the hopes of reaching more individuals with chronic illness. The first leader training held in the area was completed November 5, and there are now trainers available to conduct classes in Kane County.

Living Well Classes are designed to empower individuals to manage their own health. This is an evidence based program. Studies have shown that after taking the class, medical appointments and hospitalizations have decreased in those completing the class and implementing the new skills they have learned. Below is the calendar for the 2011 class schedule. Our goal is to teach 12 full classes during the year. Below is a schedule of upcoming classes:

Location	Dates & Time
Parowan Senior Center 685 North 300 East Parowan, UT	Dec. 13, Dec. 20, Jan. 3, Jan. 10 1:00 - 3:30 p.m.
Emerald Point Assisted Living 995 E. Regency Road Cedar City, UT	Every Friday Jan. 21 - Feb. 25, 2011 9:00 - 11:30 a.m.
Parowan Senior Center 685 North 300 East Parowan, UT	Every Monday Jan. 31 - March 7, 2011 1:30 - 4:00 p.m.
Cedar City Senior Center 489 East 200 South Cedar City, UT	Every Wednesday Feb. 2 - March 9, 2011 1:00 - 3:30 p.m.
St. George Senior Center 245 North 200 West St. George, UT	Every Wednesday Jan. 19 - Feb. 23, 2011 1:00 - 3:30 p.m.
Dixie Regional Health & Performance Center 652 S. Medical Center Dr. St. George, UT	Every Tuesday Feb. 1 - March 8, 2011 10:00 a.m. - 12:30 p.m.

## Five County Region Consolidated Plan 30 Day Public Comment - January 1, 2011 through January 31, 2011



One of the requirements placed on all agencies that receive funding from the U.S. Department of Housing and Urban Development (HUD) is the preparation of a Consolidated Plan. The Plan consists of goals and policies directing community, economic and housing development. HUD also requires that an Affirmatively Furthering Fair Housing Plan be completed. The Plan identifies

impediments to fair housing choice for all persons regardless of age, sex, source of income, age, disability, familial status or national origin.

The Consolidated Plan for the Five County Association of Governments non-entitlement jurisdictions will be available for public comment beginning January 1, 2011. This marks the 17<sup>th</sup> year of the consolidated planning process. The update includes a 2011 Action Plan along with updated Capital Improvements Lists, FY 2011 Rating and Ranking Criteria and an analysis on focus communities and/or areas.

The plan includes all submitted capital improvements priorities in the Five County region for fiscal year 2011. These priorities are listed in the one-year list and five-year list. The one-year list includes community, economic and housing development priorities that local governments in the Five County region plan to achieve during the 2011 fiscal year. Communities, counties and other affected private/public agencies are encouraged to utilize this document in budgeting and other policy-making activities. The Plan encourages local coordination and describes community and regional priorities. All capital improvements projects that are submitted for CDBG funding consideration must be identified in the Plan by the sponsoring jurisdiction. The five-year list provides information and data regarding the needs of community, economic and housing development the next two to five year planning period (2012-2015).

A performance measures system is included which is intended to measure outcomes and benefits realized through completed projects.

The Draft 2011 Consolidated Plan will be available for review at the Five County Association of Governments offices located at 1070 West 1600 South, Building B., St. George, Utah. The Plan will also be posted on the Five County AOG website: [www.fivecounty.utah.gov/consolidatedplan.html](http://www.fivecounty.utah.gov/consolidatedplan.html)

Comments will be accepted verbally or in writing from January 1 through January 31, 2011. For further information contact Diane Lamoreaux, CDBG Program Specialist at 435-673-3548, or [dlamoreaux@fivecounty.utah.gov](mailto:dlamoreaux@fivecounty.utah.gov)



**Beaver County SSD #1  
Showcases new Ambulance**



The Beaver County SSD #1 recently purchased a new ambulance with funding received from the Community Development Block Grant Program.

The new ambulance will assist in providing improved service to residents in the service area which includes communities and outlying unincorporated county areas on the east side of Beaver County.

Please submit articles to Diane Lamoreaux via e-mail [dlamoreaux@fivecounty.utah.gov](mailto:dlamoreaux@fivecounty.utah.gov) or in writing to: P.O. Box 1550; St. George, Utah 84771-1550.

For other information or services, please call (435) 673-3548 or visit our website at: [www.fivecounty.utah.gov](http://www.fivecounty.utah.gov)

**Steering Committee Meeting Schedule:**

**Wednesday, January 19, 2011 - 1:00PM**  
Five County Association of Governments  
Conference Room - 1070 W. 1600 S.,  
Building B, St. George, UT

**Wednesday, February 9, 2011 - 1:00PM**  
Kane County Courthouse  
Commission Chambers - 76 North Main  
Kanab, UT

Five County Association of Governments  
1070 West 1600 South, Building B  
P.O. Box 1550  
St. George, Utah 84771-1550



**Merry Christmas and Happy New Year!**