

FIVE COUNTY NEWS FROM 'R' VIEW

VOLUME I NUMBER 8

AUGUST, 2001

Director's Dialogue:

I would like to take this opportunity to thank the unheralded citizens who devote so much time and energy in making our Association of Governments a success. Seven advisory boards and councils allow more than 100 individuals to play a major part in setting Association policy and implementing program objectives. These advisory councils include the following:

- ◆ **Ageing & Nutrition Services Advisory Council**
- ◆ **Child Care Resource and Referral Western Regional Advisory Board**
- ◆ **21st Century Regional Team**
- ◆ **Economic Development Council**
- ◆ **Human Services Council**
- ◆ **Retired Senior Volunteer Program & Volunteer Centers Advisory Councils**
- ◆ **Revolving Loan Fund Administration Board**

These boards and councils meet regularly to hear progress reports, develop recommendations for expenditure of contract funds, evaluate program effectiveness, and to submit recommendations and suggest improvements to the Steering Committee and Executive Director. These dedicated citizens serve many hours and travel long distances to fulfill their responsibilities. (John S. Williams)

CDBG "HOW TO APPLY WORKSHOPS"

Tuesday, September 25, 2001 - 7:00 P.M.
Hurricane City Office, City Council Chambers
147 North 870 West, Hurricane, Utah

Wednesday, September 26, 2001 - 10:30 A.M.
Panguitch Fire Station
40 North 100 East, Panguitch, Utah

Any jurisdiction that is contemplating applying for CDBG funding must assign at least one elected official from their governing body to attend one of the two scheduled workshops whether you are applying directly, or if you are sponsoring another entity through your jurisdiction. A representative of the "other entity" must also be in attendance with the elected official. A post card will be mailed in the first part of September reminding jurisdictions of the upcoming workshops.

Consolidated Plan Update 2002

One of the requirements placed on all agencies that receive funding from the U.S. Department of Housing and Urban Development (HUD) is the preparation of a Consolidated Plan. The Plan consists of goals and policies directing community, economic and housing development. HUD also requires that an Affirmatively Furthering Fair Housing Plan be completed. This Plan identifies impediments to fair housing choice for all persons regardless of race, sex, source of income, age, disability, familial status or national origin.

The Consolidated Plan includes all capital improvement priorities in the Five County region for fiscal year 2002-03. These priorities are listed in the One-Year Action Plan and the Five-Year Strategy. The One Year Action Plan is a list of community, economic and housing development priorities that members of the Five County Association of Governments plan to achieve during the fiscal year. Communities, counties and other affected private/public agencies are encouraged to utilize this document in budgeting and other policy-making activities. This plan encourages local coordination and describes community and regional priorities.

The Consolidated Plan provides a foundation for all community, economic and housing development activities, goals, policies or programs associated with the Five County region.

The Five-Year Strategy provides information and data regarding the needs of community, economic and housing development for the next five years (2002-2007).

The emphasis this year will be on the Economic Development element. A separate mailer will be sent regarding specific items required for the Plan update and directions for entities to follow to accomplish these tasks. If you have questions prior to receiving this mailer, please contact Diane Lamoreaux or Ken Sizemore at (435) 673-3548.

Staff Spotlights:



Patti Sill came to work for the Five County Association of Governments July 1992 as receptionist/secretary. She worked with the Human Services and Community and Economic Development staff for 1 ½ years. Patti and her husband, Rick, moved to

Texas March 1994. They made and sold their crafts at craft shows throughout Texas, New Mexico and Louisiana. They traveled doing craft shows for 3 ½ years til Patti got homesick for St. George. They moved back August 1997 and she returned to work for the AOG October 1997.

Patti is the Accounting Technician for the In-Home Aging Services programs. She handles Medicaid billings for case management, provider billings and fiscal reporting. Patti also performs client screening for program eligibility. Prior to working for the AOG, Patti worked as a secretary for the Operating Engineers Local Union No. 3 in Sacramento, California, for 17 years.

Patti's pastimes are traveling, antique shopping and bowling. She helps her husband make crafts and goes with him to craft shows a few times a year.

Lori Repass became an intern with Five County Association of Governments in September 1999. She attended and gained her one-year certificate in Office Administration at Dixie College in 1998.



Lori moved from Afton, Wyoming to St. George, Utah in February 1997. She has 3 children, James 15, Kera 13 and Rebecca 10. James lives with his father in Hayden Lake, Idaho. Her hobbies are: modern dance, writing in her personal journal and poems, reading

novels and self-motivational books, hiking/walking. She enjoys socializing with friends, eating out with her girls at Denny's and Chuck A Rama, taking her girls on road trips on Sunday afternoon to the Pine Valley and Toquerville/Hurricane area. She often takes her girls to the \$2 movie theater for entertainment. One of the favorite things she and the girls like to do, once a week, is go get ice-cream cones at Arctic Circle.

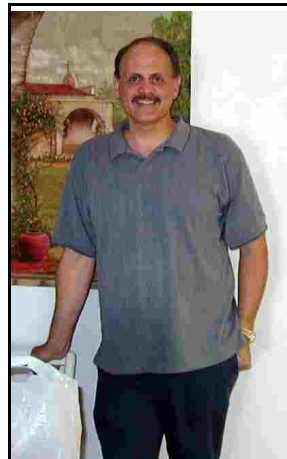
Since September 1999, Lori has gained many new skills and loves the work she does. She has always been eager to take on additional tasks and is always looking at ways to improve her work. She has been invaluable in assisting the Accounting Technician for the Welfare to Work grant.

She gathers data for tracking and reporting purposes of the grant. You can always walk in the Five County AOG door and find Lori with a smile on her face and ready to be of assistance.

Since coming to Five County AOG, she has worked with people in the G.R.O.W. program and with the Transportation Advisory Board members of D.A.R.T.S. The strengths she has obtained have expanded her human relations skills. She credits part of her growth to working with co-workers of the AOG office and different affiliations associated with the Five County AOG.

Lori's goals are to continue to learn more and become proficient in her secretarial skills. She feels her skills will continue to expand due to those who recognize her potential and provide her with opportunities to grow.

Garry Schonlaw received a B.S. in psychology from SUU, Cedar City, Utah. He completed his M.S. in counseling (Marriage and Family Track) from UNLV, Las Vegas, Nevada.



Garry joined the Case Management unit with the Five County Association of Governments in October 1999 as a Social Worker. In his role, Gary helps the aged remain at home by connecting them with support services to assist with every day living tasks.

In his spare time Gary composes and records music. His style of composing is more like easy listening music. In his 'Old Days', he was more of a Rock & Roller,

but has found that time has made him very mellow. He also likes to draw and paint and work with computers.

His favorite thing in the entire world is his children. His son Ryan is 20 and his daughter Shelbi is 8. What better reason for living could there be than loving our children and watching them grow.....

Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning.

-Albert Einstein

21st Century Communities Program



Plaque recognizing application to the 21st Century Communities Program

'Skating to where the puck will be'

When asked the secret to his success, hockey great Wayne Gretzky said, "I skate to where the puck will be". This statement with its inherent planning implications has become the slogan for a State of

Utah planning initiative kicked off by Governor Michael O. Leavitt on April 22, 1998.

The program is aimed at helping rural communities of the state to:

- ◆ Prepare for unprecedented population and visitor growth;
- ◆ Create new jobs and reduce unemployment;
- ◆ Diversify the economy; and,
- ◆ Protect the quality of life.

The process in becoming a 21st Century Community involves agreement by community leaders to complete several requirements. Those requirements include utilizing access to the internet, developing a vision for the future, taking advantage of various state training opportunities including formal training of the Planning Commission, completing nine of a dozen or so community assessments, and developing a work plan based on information gained from the assessment tools.

Communities are presented with a plaque recognizing that they have accepted the challenge to become a 21st Century Community. Additional awards are given along the way including bronze award, silver award, gold award and finally designation as a 21st Century Community.

Organization

The Program is managed through the Governor's Rural Partnership Office Located in Cedar City, UT. Under the Director, a state coordinator works with the AOG.

John S. Williams, Executive Director, acts as the Chairperson of a 'Regional Team'. The team is made up of individuals from public and quasi-public agencies with expertise in a number of different areas. This 'Regional Team' acts as a resource for 'Local Teams' as they progress through the program. Local Teams are made up of individuals throughout each participating community and are appointed to the position by the City Council.

As each element of the program is completed by the community it is forwarded to the AOG. Association contacts review the materials for conformance to program requirements and forward the information to state staff.

AOG staff provide program information to communities for all aspects of the program and provide assistance when needed.

21st Century Project & Designation

Each community selects a 21st Century work project, at some point during progress through the program, which is consistent with the Work Plan. The subject of the work project, with a broad range of possibilities, is left up to the community to determine and carry out. Some examples of work projects throughout our area:

Beaver City
New Harmony Town
Panguitch City
Springdale Town

Internet Home Page
Park Master Plan
Main Street Beautification
Shuttle System

(Curt Hutchings)

Family Caregiver Support Program

Family caregivers are the backbone to long-term care for many older persons in the U.S. One out of four households has a caregiver for someone over 50. According to the most recent Long-Term Care Survey in the U.S. more than 7 million persons are informal caregivers. These caregivers include spouses, adult children and other relatives and friends.

The enactment of the Older Americans Act Amendments of 2000 established a new program, the "National Family Caregiver Support Program". This program calls for all states, working in partnership with area agencies on aging and local community-service providers, to offer five basic services for family caregivers, which include: Information to caregivers about available services; assistance to caregivers in gaining access to supportive services; individual counseling, support groups, and caregiver training; respite care to enable caregivers to be temporarily relieved from their caregiving responsibilities; and supplemental services to complement the care provided by caregivers.

This new National Family Caregiver Support Program, combined with our current State Respite Program, will enable us to more than double the number of clients and services we can provide to Caregivers. In addition, we will be able to expand upon services provided under our existing program. We are very excited about implementing this new program and being able to offer additional support to those who are providing care for a loved one.

If you or someone you know is caring for a frail elderly person, who is 60 years of age or older, and is in need of respite care and support services, please contact the Area Agency on Aging at 435-673-3548. (Carrie Dennis)

Utah Summer Games

The Utah Summer Games 2001 year was record setting with **9,069 athletes competing in 42 different sports!** That is the highest mark ever for the Utah Summer Games! Soccer was the largest sport with 3,179 participants, followed by basketball with 1,116 athletes. The oldest athlete was 88 years of age and the youngest was only 5 years old.

For the Utah Summer Games, 30+ RSVP Volunteers from Iron and Washington Counties served. RSVP from Iron County helped staff the information desk, as well as answering the USG telephones during the games - some even helped with registration. RSVP from Washington County helped at the Triathlon at the finish line, turn around areas and aide stations.

Next year's schedule is already being put together. The Utah Xtreme sports festival will run June 6-8, with Golf beginning Monday, June 10th and Opening Ceremonies and the rest of the Games slated for Thursday, June 13th.

If you have not volunteered with the Utah Summer Games in the past 3 years and would like your name added to the calling list for next year, please call the RSVP Office at 435-867-8384. (Ron Cardon)

Please submit articles to Diane Lamoreaux via e-mail (dlamoreaux@fcaog.state.ut.us) or in writing to: P.O. Box 1550; St. George, Utah 84771-1550. For other information or services, please call (435) 673-3548 or visit our web site at: <http://www.fcaog.state.ut.us>

Steering Committee Meeting Schedule:

Wednesday, August 8, 2001, 1:00 p.m.
Panguitch City Library, Meeting Room
25 South 200 East, Panguitch, UT

Wednesday, Sept. 12, 2001, 1:00 p.m.
Beaver County Administration Building
Conference Room (Old Commission Chambers)
105 East Center, Beaver, UT

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